



Are you dedicated to lifelong learning and wonder: “How can I make a positive difference in our world?”

# The Service Learning New Volunteer Training

## About this Training

The Freedom to Choose Project is powered by the dedication and commitment of an extraordinary corps of highly trained volunteers. Our work has been so successful that inmate participants are calling it “a movement.” It’s truly a revolutionary approach in prison rehabilitation education! Thanks to a grant from the California prison system, we are expanding our programming and training more volunteers.

## Why we call it “Service Learning”

Our educational approach is a “walk your talk” model, so we train volunteers in the communication and emotional intelligence skills that they will model for incarcerated participants. While volunteers are being of selfless service, they are simultaneously learning and improving their own lives. It’s truly a win-win that brings people from all walks of life together in heartfelt connection.

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**“... THANK YOU** for allowing me to participate in this amazing, wonderful project.... The work you are doing is, well, wonderful... and the saying ‘life changing’ just doesn’t do it justice. It’s more than that... **it’s life changing, community changing, and societal changing.** And I, for one, am so glad to have seen it, both externally and internally, since the difference it makes is, well, so deep, moving and flat-out palpable at the deepest levels. **It was truly an honor to visit/be part of this experience.”**

– Scott Weber, lawyer



## EVENT DETAILS

**Saturday, April 6 - Sunday, April 7, 2019**

Registration: 8am (Saturday only)

Training: 9am-6pm

Ending time is approximate.

## LOCATION

Kaiser Permanente

Baldwin Hills Crenshaw (BHC)

Conference Center

3782 W Martin Luther King Jr Blvd

Los Angeles, CA 90008, USA

Space is limited.

Pre-registration is recommended.

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& REJOIN THEIR FAMILIES &  
COMMUNITIES FOR GOOD.  
[www.freedomtochooseproject.org](http://www.freedomtochooseproject.org)

THE **FREEDOM** PROJECT  
TO **CHOOSE**  
Change from the Inside



**Here's what previous  
Service Learning Training  
Participants have to say:**

*"It was amazing to find such deeply heart-centered souls in this big city and connect in such a profound way. You created the optimum environment for this kind of work and I am so thankful."*

*"I love that 15 minutes with a stranger can be so powerful. What a great reminder in the beauty we can all have/be."*

*"What I liked most about the training program is the unbelievable experiences I was able to share with others in their own healing as well as my own."*

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## **Experiential Training**

Our Service Learning Training is highly experiential. The majority of the training will entail learning and practicing the same emotional intelligence and communication skills that we teach in prison.

### **In this 2-Day Service Learning Training:**

- Learn how to engage in selfless service so that you take care of yourself in the process.
- Learn skills that will support you in bringing your "best self" forward in any context.
- Learn leading edge emotional intelligence skills for dealing with people that will benefit ALL relationships: service, work and personal.
- Deepen your compassion for yourself and others, regardless of circumstance.
- Learn skills that will transform your own life physically, mentally, emotionally and spiritually while simultaneously being of service to others.
- Learn what it's like to volunteer on a prison service project.
- Learn skills to be more effective volunteering in any service capacity.
- Meet like-minded people and find new friends.

We will also have a brief section covering the logistics of volunteering in prison. *(Note: A brief prison-specific logistics orientation will be required prior to joining us on a prison service project.)*

## **Volunteer Opportunity**

If you are also interested in volunteering with Freedom to Choose (FTC), the Service Learning Training (SLT) is a great opportunity to become familiar with our organization and the hands-on approach used in FTC's prison programs. This SLT will prepare you with the skill set you need, and also describe the practicalities of volunteering in prison so that you can decide if volunteering with us is right for you. *(Note: This training is offered in English.)*



### **REGISTER**

<http://weblink.donorperfect.com/SLT2019>

### **CONTACT**

805-323-6543 | [info@freedomtochooseproject.org](mailto:info@freedomtochooseproject.org)