



*“Punishment fails;  
Rehabilitation works.”*

*Joseph Gilligan, Professor, NYU*

# HELP US ACHIEVE

We have raised  
**\$108,000**  
towards our goal  
of **\$250,000**

which will support  
our existing  
programs and next  
year’s growth.

# OUR VISION!

**Please consider making a financial donation to enable Freedom to Choose (FTC) to sustain and grow.** In order to meet growing demands for our work, we must grow our resources — both human and financial.

### **Demand for our services is increasing!**

Fully funding our goal of \$250,000 will allow us to:

- Add weekly Inmate Mentor Support Groups to support the women at CCWF.
- Accommodate waiting list of 300+ inmates for VSP men’s workshops.
- Expand curriculum and support for VSP’s Advanced Mentor Groups.
- Respond to additional prisons requesting FTC programs!
- FTC is poised to play an important role in Youth Offender Programs across CA.
- Validate FTC’s effectiveness with recidivism research.



“Valley State Prison has many valuable programs, but none of them are like FTC. FTC continues to enrich my life. I am deeply grateful to all of the volunteers who give their time, their presence and their hearts toward this work. I also appreciate and thank all who contribute to making FTC possible.”

*–Parker, Inmate, VSP*

**LET’S HELP MORE PEOPLE HEAL  
& REJOIN THEIR FAMILIES &  
COMMUNITIES FOR GOOD.**  
[www.freedomtochooseproject.org](http://www.freedomtochooseproject.org)

**THE FREEDOM  
TO CHOOSE** PROJECT  
Change from the Inside



**“ Donors, thank you for all your support.**

Freedom to Choose may not give us physical freedom, but it gives us a freedom within that I longed for out there, and money can't buy.”

– Female Inmate, CCWF

**“ Thank you very much for your donation.**

You are making it possible for these wonderful people to continue coming to a place where so many of us had lost hope and love.

The volunteers come here and they show us, show me, that someone cares. FTC has helped me grow, the volunteers come and show me that there is love in me... the one emotion I thought I was incapable of feeling.”

– Cesar, Inmate, VSP

You've already generously given your time – you may ask, **“Why should I consider donating money, too?”**

One volunteer answers this way:

“I support Freedom to Choose in any way I can because of the consistent and exemplary work it delivers. I'm committed to it's financial and organizational health so that it can continue to transform lives in prison and beyond.”

— *Volunteer & Donor*

**IT'S EASY TO DONATE!**

**Go to [freedomtochooseproject.org](http://freedomtochooseproject.org)**

Sign up for a one-time gift, monthly donations, or a multi-year pledge. FTC is a 501(c)(3) nonprofit. All donations are tax-deductible.



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